

Homeopathy for Skin Problems



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Skin Signs & Possible Implications

Forehead paleness – low blood pressure.

Paleness with forehead sweat – collapse, stomach bleeding ulcer, appendicitis.

Pale face – low blood pressure, anemia, peripheral circulation problems, renal low blood pressure, shock.

Severe paleness – lung problems, severe colon disturbances.

Yellow skin – liver/gallbladder problems.

Sudden yellow facial coloring – spleen problems.

Red skin – high blood pressure, tendency to heart attack or strokes, alcohol abuse.

Periodic redness – menopausal hot flashes, small intestine and adrenal cortex cancer.

Silky skin – tendency to arthritis, gout, kidney or bladder problems.

Dry, rough skin – fevers.

Dry flaky skin – excess mucus, nutrition deficiency.

Cool and clammy skin – tendency to liver problems, sexual excitement.

Facial skin wrinkled – pancreas diseased, old person's skin syndrome.

Facial skin bronze colored – adrenal damage.

Rosy moon face – adrenal over-function.

Green facial coloring – comes from cancer.

Blue cheeks (cyanosis) – heart insufficiency, mitral valve failure, lung, high blood pressure.

Blue lips, cheeks, forehead (cyanosis) – obvious heart insufficiency, emphysema, asthma, bronchitis, breathlessness.

General cyanosis – severe heart insufficiency, lung sclerosis.

Bad smelling skin – poor nutrition

Spider veins and varicose veins – excess animal protein, excessive eating.

Skin Signs & Their Causes

Liver spots – liver spots start as red points (toxic blood) and coagulate into black spots.

Blackheads – excessive animal proteins or fats.

Acne – chronic colon problems, from puberty hormonal disturbances or older people-hormone disturbances; diabetes.

Pigment spots – hormone and glandular changes from aging.

Connective tissue webbing – liver disturbances, pregnancy.

White spots – metabolism disturbances

Knotty, brown, raised area of the shin bone – low thyroid function.

Perioral swollen tissue – gastritis or colitis.

Nasal and peri-nasal swollen tissue – lung, high blood pressure, bronchial asthma.

Brown spots on hairline – liver problems, pregnancy.

Millia – mucus membrane disturbances.

Hemorrhoids – inflammation of the mucus membranes of the large intestines that cause inflammation of the veins and can cause blood clots.

Specific Homeopathic Remedies for Skin Problems

Acne in girls – Pulsatilla, Mercurius sol

Acne in children – Mercurius solubis, Bellis perennis

Acne after age 20 – Abrotanum, Hepar sulph

Allergic reactions – Calcarea carb, Apis mellifica

Boils (fistula, furuncle, carbuncle) acute and chronic – Hepar sulph, Mercurius solubis

Eczema, dry – Sulphur, Bellis perennis

Eczema, wet – Mercurius solubis, Arsenicum album

Herpes – Graphites, Hydrocotyle asiatica

Itching (nettle rash) worse by warmth – Urtica urens, Apis mellifica

Itching (nettle rash) worse by stress – Urtica urens, Avena sativa

Itching (nettle rash) only on the head – Sulphur, Graphites

Itching (nettle rash) in the elderly – Quassia, Graphites

Poisoning of the skin in general when a person has:

Dark blue eyes – Grindelia

Steel blue eyes – Eupatorium perf

Light blue eyes – Urtica urens

Light green eyes – Urtica urens

Gray blue eyes – Euphorbium

Light brown eyes – Taraxacum

Dark brown eyes – Myristica

Sudden red spots – Passiflora, Iodium (Check with your doctor if they last more than a few hours.)